

September 2026

Day program activity calendar (Monday–Friday)

● Physical ● Mental & games ● Social ● Creative ● Wellness

All activities are subject to change. • Participation in any scheduled activity is optional. • Mealtimes are suggested. • Clients may eat snacks or lunch at any time.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9:00 ● Coffee and Conversation 9:30 ● Bean Bag Toss 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Yardzee 2:00 ● Nature Virtual Walk 3:00 ● Wii Games	2 9:00 ● Coffee and Conversation 9:30 ● Target Ball Toss 10:30 ● Drama Club 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Zumba 2:00 ● Musical Hot Potato 3:00 ● Mad Libs	3 9:00 ● Coffee and Conversation 9:30 ● Darts 10:30 ● Deal or No Deal 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Don't Touch the Color 2:00 ● Book Club 3:00 ● Jumbo Connect Four	4 9:00 ● Coffee and Conversation 9:30 ● Skee-Ball 10:30 ● This Day in History 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Sliders 2:00 ● Pokeno 3:00 ● Diamond Art
7 CLOSED Labor Day	8 9:00 ● Coffee and Conversation 9:30 ● Ring Toss 10:30 ● Drama Club 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Horseshoes 2:00 ● Pictionary 3:00 ● Finish The Lyrics	9 9:00 ● Coffee and Conversation 9:30 ● Ladder Ball 10:30 ● Jeopardy 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Cardio Drumming 2:00 ● Ping-Pong Pounce 3:00 ● Riddle Me This	10 9:00 ● Coffee and Conversation 9:30 ● Yardzee 10:30 ● Family Feud 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Bocce Ball 2:00 ● Book Club 3:00 ● Which Came 1st	11 Patriot Day 9:00 ● Coffee and Conversation 9:30 ● Corn Hole 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Red, White & Blue Social 2:00 ● Scattergories 3:00 ● Word Search
14 National Wildlife Day 9:00 ● Coffee and Conversation 9:30 ● Sliders 10:30 ● Helping Hounds 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Chex-Mix Social 2:00 ● Fact or Fiction 3:00 ● Card Games	15 9:00 ● Coffee and Conversation 9:30 ● Horseshoes 10:30 ● Bingo 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Bowling 2:00 ● Trivia 3:00 ● Open Recreation	16 9:00 ● Coffee and Conversation 9:30 ● Bocce Ball 10:30 ● Would You Rather 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Zumba 2:00 ● This Day in History 3:00 ● Old Fashioned Sayings	17 9:00 ● Coffee and Conversation 9:30 ● Skee-Ball 10:30 ● Drama Club 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Bean Bag Toss 2:00 ● Book Club 3:00 ● Laughter is Good	18 9:00 ● Coffee and Conversation 9:30 ● Ladder Ball 10:30 ● This Day in History 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Target Ball Toss 2:00 ● Charades 3:00 ● Wii Games
21 Autumnal Equinox Day 9:00 ● Coffee and Conversation 9:30 ● Beach Ball Volley 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Boggle 2:00 ● Word Games 3:00 ● Jumbo Connect Four	22 9:00 ● Coffee and Conversation 9:30 ● On Target-Are You 10:30 ● Virtual Wildlife 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Cone Ring 2:00 ● Conversation Uno 3:00 ● Finish the Phrase	23 9:00 ● Coffee and Conversation 9:30 ● Giant Darts 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Cardio Drumming 2:00 ● Bingo 3:00 ● Diamond Art	24 9:00 ● Coffee and Conversation 9:30 ● Ring Toss 10:30 ● I Should Have Known 11:00 ● Fall Festival 12:30 ● Outdoor Time 1:00 ● Jeopardy 2:00 ● Book Club 3:00 ● Adult Colored Pencils	25 9:00 ● Coffee and Conversation 9:30 ● Ladder Ball 10:30 ● Drama Club 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Yardzee 2:00 ● Left, Right, Center 3:00 ● Funny Think Fast
28 9:00 ● Coffee and Conversation 9:30 ● Yardzee 10:30 ● Bowling 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Small Ring Toss 2:00 ● Mad Libs 3:00 ● Name That Tune	29 9:00 ● Coffee and Conversation 9:30 ● Corn Hole 10:30 ● Don't Touch the Color 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Darts 2:00 ● This Day in History 3:00 ● Catch Phrase	30 9:00 ● Coffee and Conversation 9:30 ● Sliders 10:30 ● Majority Rules 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Zumba 2:00 ● Tabletop Ping-Pong 3:00 ● Card Games		