

October 2026

Day program activity calendar (Monday–Friday)

● Physical ● Mental & games ● Social ● Creative ● Wellness

All activities are subject to change. • Participation in any scheduled activity is optional. • Mealtimes are suggested. • Clients may eat snacks or lunch at any time.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 9:00 ● Coffee and Conversation 9:30 ● Concentration 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Horseshoes 2:00 ● Book Club 3:00 ● Card Games	2 World Smile Day Social 9:00 ● Coffee and Conversation 9:30 ● Ring Toss 10:30 ● Virtual Zoo 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Pumpkin Cheesecake 2:00 ● Bingo 3:00 ● Open Recreation
5 9:00 ● Coffee and Conversation 9:30 ● See and Match 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Bocce Ball 2:00 ● Left, Right, Center 3:00 ● Laughter is Good	6 9:00 ● Coffee and Conversation 9:30 ● Create a Word 10:30 ● Virtual Zoo 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Bowling 2:00 ● Jeopardy 3:00 ● Wii Games	7 9:00 ● Coffee and Conversation 9:30 ● Corn Hole 10:30 ● Left, Right, Center 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Cardio Drumming 2:00 ● Mad Libs 3:00 ● Short Stories	8 National Pizza Month Social 9:00 ● Coffee and Conversation 9:30 ● Sliders 10:30 ● Trivia 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● DIY Fruit Pizza 2:00 ● Book Club 3:00 ● All Things Yellow	9 9:00 ● Coffee and Conversation 9:30 ● Target Ball Toss 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Giant Darts 2:00 ● Family Feud 3:00 ● Trivia Laughter
12 9:00 ● Coffee and Conversation 9:30 ● Darts 10:30 ● Would You Rather 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Golf Game 2:00 ● Pokeno 3:00 ● Favorite Memories	13 9:00 ● Coffee and Conversation 9:30 ● Pool 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Tape Cup 2:00 ● Pictionary 3:00 ● Roll and Share	14 National Dessert Day Social 9:00 ● Coffee and Conversation 9:30 ● Paper Airplane Toss 10:30 ● Virtual Wildlife 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Zumba 2:00 ● Vanilla Fluff 3:00 ● Card Games	15 9:00 ● Coffee and Conversation 9:30 ● Ladder Ball 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● On-Target, Are You 2:00 ● Book Club 3:00 ● Open Recreation	16 9:00 ● Coffee and Conversation 9:30 ● Don't Touch the Color 10:30 ● I Should Have Known 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Skee-Ball 2:00 ● Diamond Art 3:00 ● Laughter is Good
19 9:00 ● Coffee and Conversation 9:30 ● Charades 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Drama Club 2:00 ● Word Games 3:00 ● Wii Games	20 9:00 ● Coffee and Conversation 9:30 ● Dance and Sing 10:30 ● Finish the Phrase 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Horseshoes 2:00 ● Bingo 3:00 ● Short Stories	21 National Apple Day Social 9:00 ● Coffee and Conversation 9:30 ● Ring Toss 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Cardio Drumming 2:00 ● Apple Nachos 3:00 ● Finish the Phrase	22 9:00 ● Coffee and Conversation 9:30 ● Bocce Ball 10:30 ● Conversation Uno 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Create a Word 2:00 ● Book Club 3:00 ● Catch Phrase	23 9:00 ● Coffee and Conversation 9:30 ● Bowling 10:30 ● Virtual Museum 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Corn Hole 2:00 ● Scattergories 3:00 ● Favorite Memories
26 9:00 ● Coffee and Conversation 9:30 ● Sliders 10:30 ● This Day in History 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Target Ball Toss 2:00 ● Jeopardy 3:00 ● Roll and Share	27 9:00 ● Coffee and Conversation 9:30 ● Giant Darts 10:30 ● Riddle Me This 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Darts 2:00 ● Family Feud 3:00 ● Card Games	28 9:00 ● Coffee and Conversation 9:30 ● Golf Game 10:30 ● Old School Slogans 11:00 ● Health and Wellness 12:30 ● Outdoor Time 1:00 ● Zumba 2:00 ● Fact or Fiction 3:00 ● Open Recreation	29 9:00 ● Coffee and Conversation 9:30 ● Pool 10:30 ● This Day in History 11:00 ● Lets Get Physical 12:30 ● Outdoor Time 1:00 ● Tape Cup 2:00 ● Book Club 3:00 ● Laughter is Good	30 Halloween Social (Observed) 9:00 ● Coffee and Conversation 9:30 ● Ghost Volleyball 10:30 ● Halloween Trivia 11:00 ● Pass the Pumpkin 12:30 ● Outdoor Time 1:00 ● Dirt Pudding Cups 2:00 ● Zombie Eyeball Toss 3:00 ● Most Like a Witch